

# **SleepMultiMedia is a BRPT approved STAR Program**

## **Specific RPSGT Eligibility Pathway Requirements**

### **RPSGT Pathway 1: Clinical Experience**

Candidates for Pathway 1 must complete:

1. A STAR-designated Self-Study education program within a 3-year period prior to the exam.
2. A minimum of 1,638 hours of clinical experience that includes on-site polysomnography duties performed as direct patient recording and/or scoring.
3. Clinical experience within a 3-year period prior to the exam.

### **RPSGT Pathway 4: Focused Training**

Candidates for Pathway 4 must complete:

1. A minimum of 819 hours of clinical experience that includes on-site polysomnography duties performed as direct patient recording and/or scoring.
2. A STAR-designated Focused education program OR both a STAR-designated Self-Study education program AND a STAR-designated focused 2 program, within a 3-year period prior to the exam.
3. Clinical experience within a 3-year period prior to the exam.

SleepMultiMedia is a STAR - Designated Self-Study education program. STAR code SS004

BRPT requirements from SleepMultiMedia

SleepMultiMedia is a comprehensive training course that you can order online. The program covers many topics, but not all of them are needed to fulfill our requirement for A-STEP Equivalency.

### **What Courses do I need to take?**

The programs you need to complete are listed below.

- Polysomnography - 4 CME credits
- Sleep Scoring Manual - 6 CME credit
- Obstructive Sleep Apnea - 18 CME credits
- Narcolepsy - 10 CME credits
- Hypersomnias - 4 CME credits
- Restless Legs Syndrome - 7 CME credits
- Pediatrics - 12 CME credits
- Insomnia - 10 CME credits
- Sleep Deprivation - 8 CME credits
- Sleep Center Policy & Procedure Manual - 5 CME credits
- Additional Topics:
  - Aging & Sleep - 6 CME credits
  - Women and Sleep - 5 CME credits
  - Chronophysiology -10 CME credits

### **What do I send the BRPT as Verification for RPSGT examination eligibility?**

As verification, you will need to print out and send the completed SleepMultiMedia CME Response Forms from the chapters listed above.

### **RPSGT Recertification:**

SleepMultiMedia is BRPT approved for RPSGT recertification (50 CME credits) from the above chapters

For information on the Board of Registered Polysomnographic Technologist (BRPT) examination requirements go to [www.BRPT.org](http://www.BRPT.org), or email [infor@brpt.org](mailto:infor@brpt.org) or call 703-610-9020.